

My ilo Duo Instructions

Instructions

1. Clean the Duo before use.
2. Press and hold the on/off button for 3 consecutive seconds to turn the Duo on. Click the start button to change the vibrating and sucking patterns, 10 patterns will cycle. Massage and stimulate.
3. Press the on/off button for 3 consecutive seconds to turn off.
4. Wash the Duo after use.

Charging time – 1.5 hours

Usage time – 2 hours

Caution: Splash proof for cleaning but do not submerge product for over 15 seconds. Do not charge the product when the product/power is switched on. Wash product before and after use. If you feel uncomfortable using this product, stop using immediately and seek medical treatment if necessary.

Check out our Youtube channel for a short video of how this product works – [Restorative Sexual Health Clinic - YouTube](#)